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If you need this information in a different format such as in large print or on audio tape, or in a different language please contact Cambridgeshire Community Services NHS Trust Communications Team on 01480 308216 or via email at: ccscommunications@ccs.nhs.uk

Polish: Jeżeli potrzebujesz tych informacji w innym formacie, jak na przykład w dużej czcionce, w formacie audio lub w innym języku, prosimy o kontakt z Cambridgeshire Community Services NHS Trust (Publiczny Zespół Opieki Zdrowotnej i Środowiskowej) pod numerem telefonu: 01480 308216 lub email na adres: ccscommunications@ccs.nhs.uk

Portuguese: Se precisar desta informação em formato diferente, tal como impressão em letra grande, cassete áudio ou noutra língua, por favor contacte o *Cambridgeshire Community Services NHS Trust* (Trust NHS dos Serviços Comunitários de Cambridgeshire), através do telefone 01480 308216, ou envie um e-mail para: ccscommunications@ccs.nhs.uk

Russian: Если данная информация требуется в другом формате, например крупным шрифтом, аудиозаписи или на другом языке – просим обращаться в Социальные Службы Общественного Фонда Здравоохранения Графства Кембриджшир, по телефону 01480 308216 или отправлять электронное сообщение по адресу ccscommunications@ccs.nhs.uk

Cantonese: 本資料亦以特大字體、錄音形式或其它語文提供，如有需要，請聯絡劍橋郡社區服務國家健康信託（Cambridgeshire Community Services NHS Trust），電話01480 308216；電郵地址ccscommunications@ccs.nhs.uk

Bengali

আপনি যদি এ তথ্য অন্য কোন আকারে (ফরমেট) যেমন: বড় অক্ষর বা অডিও টেপ, বা অন্য কোন ভাষাতে পেতে চান তাহলে দয়া করে 'ক্যামব্রিজশায়ার কমিউনিটি সার্ভিসেস এন্ড এইচ এস ট্রাস্ট' এর নিকট 01480 308216 নম্বরে ফোন করে বা ccscommunications@ccs.nhs.uk ঠিকানায় ই-মেইল করে যোগাযোগ করুন।

Turkish: Eğer bu bilginin kendi dilinizde çevirisini (ya da daha büyük harflerle baskısını veya kasete kayıtlı halini) isterseniz, lütfen Cambridge Bölgesi Kamu Hizmetleri Ulusal Sağlık Hizmeti Birimini (Cambridgeshire Community Services NHS Trust) 01480 308216 no'lu telefon numarasından arayın veya ccscommunications@ccs.nhs.uk adresine e-mail gönderin.

Children's Therapy Service Provision for Special Schools

Physiotherapy Occupational Therapy Speech and Language Therapy

Providing a lifetime of care



Cambridgeshire Community Services NHS Trust: providing services across Cambridgeshire, Peterborough, Luton and Suffolk

Therapy services

Occupational therapy, physiotherapy and speech and language therapy are available, following referral, to see children attending Special Schools and are provided by Cambridgeshire Community Services NHS Trust (CCS) Children's Services. The therapists work together as a multi-disciplinary team with other professionals and support staff so that therapy aims are included in the daily curriculum.

Therapists work throughout the year. This means that they are available during the school holidays; however, they may take annual leave during term time.

Physiotherapy

Physiotherapy is aimed at helping the children to develop and maintain their mobility skills, joint range of movement, muscle strength, and motor skills.

Following a referral the physiotherapist will:

- Carry out an assessment.
- Write a report, which is given to the parents/carers, school and any other relevant professional involvement.
- Give advice, which is based on the report.
- Will write a therapy programme, when applicable.
- Carry out training for teaching assistants to carry out the programme.
- Liaise with parents/carers, giving programmes, training and advice. This may include visiting the child at home and organising equipment for home use.
- Give advice on postural management.
- Work with the occupational therapist to give advice on child specific moving and handling issues.

For further information about this service contact:

Physiotherapy and Occupational Therapy Administration:
Community Child Health
Block 13 - Ida Darwin,
Fulbourn
Cambs CB21 5EE
Tel: 01223 884104

Speech and Language Therapy Administration:
Community Child Health
Block 13 - Ida Darwin
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Website: www.cambscommunityservices.nhs.uk

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The therapists provide treatment plans for each child on the caseload with targets for current therapy and a report for the statement review.

Children are discharged from speech and language therapy after discussion with parents and school staff, when speech and language skills are in line with their other skills and / or when the development of their communication skills can best be supported in the classroom and at home. They can be re-referred at any time if there are any new concerns.



Multidisciplinary working

Physiotherapists, occupational therapists and speech and language therapists work closely together and with the school to provide a quality service for the children in the schools across Cambridgeshire.

We welcome contact from parents/carers at any time to about their child's progress and needs.

- Refer to other agencies for orthotics and wheelchairs, when necessary.
- Give advice on equipment which allows the child to access the curriculum.
- Produce a report for educational review. In some instances this may be the same report as for medical review.

Children will be discharged from physiotherapy when:

- No further intervention is clinically indicated.
- They have been on review for 1 year and maintained their level of ability.
- They no longer meet the acceptance criteria for the service.
- It has not been possible to carry out the programme set by the therapist.
- The discharge criteria for the service applies.
- The child or parents requests discharge.
- The child leaves school.

Occupational Therapy

The aim of occupational therapy within school is to enable children to become as independent as possible (at home, at school and in play) and to utilise the skills they develop. This may be by:

- Promoting the development of functional skills such as:
 - = Self-care skills (eg. eating, dressing)
 - = Coordination
 - = Hand function (fine motor skills)
 - = Perception (eg. body and spatial awareness, visual discrimination).
- Assessing and advising on specialist equipment such as special seating, feeding, toileting, hoists, slings, bathing etc.

- Assessment of moving and handling needs of the child.
- Using sensory integration and modulation techniques to help calm and organise children in order that they can improve their concentration and so participate more ably in activities.
- OT's also assess, advise and in consultation with parents and the relevant Housing Authority, consider the home environment including possible re-housing and adaptations.

OT intervention can include:

- Seeing a child for a set number of 1:1 treatment sessions or occasionally in a group.
- Setting up a programme of exercises and activities to be carried out regularly at school and/or at home.
- Advising on strategies to minimise the risk to the child and the carer in moving and handling.
- Providing general advice to be incorporated into daily living activities at home and/or curricular activities at school.
- Advising on and demonstrating specialist equipment.
- Writing reports, attending reviews and liaising with other professionals.
- Support and training to school staff.

Children will be discharged from occupational therapy:

- If they do not require intervention following assessment..
- Treatment is complete or no longer required.
- The child leaves school.
- The parent or carer requests discharge.

Children can be re-referred at any time if new concerns arise.

Speech and Language Therapy

We work with children who have specific difficulties (in addition to a global developmental delay) with any of the following areas of communication:

- Understanding and using spoken language
- Understanding and using speech sounds; fluency; voice and social communication.

We also work with children who have eating and drinking difficulties

We support the school to have a total communication policy, which includes:

- Spoken language
- Makaton signing
- Use of objects, photos, pictures or symbols, including PECS and high or low technology alternative and augmentative communication.

The speech and language therapists' intervention with a child may include:

- Assessment
- Observation
- Diagnosis
- Staff training
- Discussion and advice
- Writing and reviewing a class based programme
- Demonstrating activities or strategies
- Whole class, small group or individual therapy for time specific periods with regular review.