



LATEST NEWS

SEP 2018



SPORTS DAY 2018 !

Our plans for Sports Day 2018 got off to a wet and windy start but following a quick re-schedule, we were all set. The sun was shining brightly on Friday morning and it was the perfect day for lots of outdoor fun! Munfred had organised lots of interesting activities for us all to try - we even had some specialist equipment to help everybody get involved. From our super speedy races to our zen-master Yoga activities, everyone had a chance to take part and find their very favourite sport. We had certificates for all involved and special medals for our Sports Day Superstar Squad.

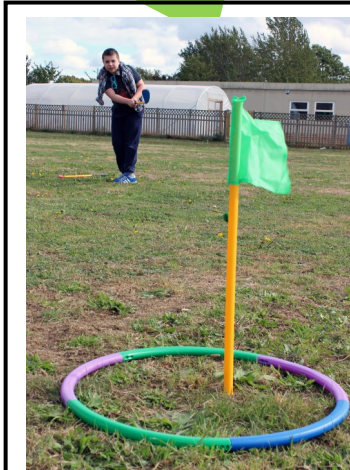


What a photo finish!





Using our team-working and motor skills on the specialist adapted bikes



Other activities included:

- Golf
- Curling
- Pilates
- Archery
- Yoga
- Speed Stacking

