

Pre-Formal Sensory Curriculum Long Term Plan Upper School

Cycle 7				
Term	Theme	Focus Areas	Inspiring Texts	Learning Opportunities
Autumn	Pirates	Exploring the smells, tastes and textures of pirate themed resources including pirate treasure, spices and flowers of the Caribbean and Europe.	The Pirates Next Door- John Duddle	<p>Communication: Express excitement or reactions to pirate-related sounds, costumes, and props using communication tools (e.g., switches, eye movement).</p> <p>Cognition and Learning: Develop an understanding of pirate themes and objects (e.g., treasure, ships).</p> <p>Sensory and Physical: Engage with tactile pirate items, sounds, and costumes for immersive play.</p> <p>Health and Wellbeing: Foster creativity and social interaction through pretend play and exploration of new themes.</p>
Spring	Robotics and Technology	Engaging with tactile robots, machinery, and sounds, encouraging exploration of technology.	Izzy Gizmo and the Invention Convention- Pip Jones	<p>Communication: Respond to technological sounds and machinery through communication aids (e.g., gestures, eye movement).</p> <p>Cognition and Learning: Explore simple robotics and technology concepts through hands-on interaction with machines and parts.</p> <p>Sensory and Physical: Explore the textures and sounds of robots, machinery, and mechanical movements.</p> <p>Health and Wellbeing: Stimulate curiosity and cognitive development through technology play, fostering interest in problem-solving and innovation.</p>
Summer	Forest Adventures	Exploring the sensory elements of forests: textures of trees, leaves, sounds of wildlife.	The Gruffalo – Julia Donaldson	<p>Communication: Express reactions to forest-themed sensory experiences (e.g., animal sounds, tree textures) using communication aids.</p> <p>Cognition and Learning: Learn about different forest elements (e.g., trees, animals) through multi-sensory play.</p> <p>Sensory and Physical: Engage with textures of leaves, bark, and other natural materials, and mimic animal sounds and movements.</p>

				Health and Wellbeing: Promote physical engagement and outdoor exploration, encouraging health and wellbeing through nature.
Cycle 8				
Term	Theme	Focus Areas	Inspiring Texts	Learning Opportunities
Autumn	Dinosaurs and Prehistoric Life	Exploring dinosaur textures, sounds, fossils, and prehistoric landscapes.	Stone age boy- Satoshi Kitamura	<p>Communication: Express excitement and reactions to dinosaur sounds, textures, and fossils using communication aids (e.g., switches, eye movement).</p> <p>Cognition and Learning: Understand prehistoric life through sensory exploration of fossils and dinosaur models.</p> <p>Sensory and Physical: Engage in tactile and auditory exploration of dinosaur textures and sounds.</p> <p>Health and Wellbeing: Encourage active exploration and imagination through the prehistoric world, fostering curiosity and joy.</p>
Spring	Insects and Mini-Beasts	Sensory exploration of bugs, textures, sounds, and outdoor insect discovery.	Superworm J Donaldson	<p>Communication: Express responses to insects and mini-beasts through communication tools (e.g., switches, eye contact).</p> <p>Cognition and Learning: Understand the characteristics and habitats of different bugs and mini-beasts.</p> <p>Sensory and Physical: Explore textures, sounds, and movements associated with insects, and engage in outdoor discovery.</p> <p>Health and Wellbeing: Foster outdoor play, enhancing sensory engagement and developing a connection to nature.</p>
Summer	Underwater Adventures	Exploring aquatic life through textures, sounds, and water-based sensory activities.	Winnie and Wilbur under the sea- Valerie Thomas	<p>Communication: Express reactions to underwater sensory experiences (e.g., water play, sounds) through communication aids.</p> <p>Cognition and Learning: Learn about underwater life and environments through sensory exploration.</p>

				<p>Sensory and Physical: Engage in water-based activities, tactile exploration of sea creatures, and listening to ocean sounds.</p> <p>Health and Wellbeing: Encourage relaxation, physical engagement, and sensory exploration through water activities, promoting calm and wellbeing.</p>
Cycle 9				
Term	Theme	Focus Areas	Inspiring Texts	Learning Opportunities
Autumn	Ancient Civilizations	Sensory exploration of ancient artefacts, sounds, and textures from different historical periods.	How to be a Viking Cressida Cowell	<p>Communication: Express reactions to ancient artefacts and historical sounds using communication tools (e.g., switches, gestures).</p> <p>Cognition and Learning: Develop an understanding of different ancient civilizations through sensory exploration of objects and sounds.</p> <p>Sensory and Physical: Engage in tactile exploration of ancient items, and listen to sounds related to historical periods (e.g., Viking horns).</p> <p>Health and Wellbeing: Foster curiosity and an appreciation for history, building confidence through sensory activities.</p>
Spring	Circus and Performance	Engaging with the sensory aspects of circus life, including movement, sounds, and costumes.	The Greatest Show Penguin Lucy Freegard	<p>Communication: Respond to sensory cues from circus performances (e.g., costumes, sounds) and express enjoyment or preferences.</p> <p>Cognition and Learning: Understand different aspects of circus life, including performers, animals, and props, through sensory play.</p> <p>Sensory and Physical: Engage in movement, listen to circus sounds, and interact with costumes to simulate circus experiences.</p> <p>Health and Wellbeing: Encourage physical activity and self-expression through performance and movement, promoting emotional wellbeing and confidence.</p>
Summer	Nature and Environment	Understanding the environment through sensory exploration of	Dear Earth- Isabel Otter	<p>Communication: Express responses to nature-based sensory experiences (e.g., the feel of leaves, water, or sounds of the wind) through communication tools.</p> <p>Cognition and Learning: Learn about different natural environments and elements (e.g., land, air, and water) through hands-on exploration.</p>

		land, air, and water.		<p>Sensory and Physical: Engage in sensory play involving water, land textures, and the sounds of nature.</p> <p>Health and Wellbeing: Promote physical wellbeing and relaxation through outdoor exploration, fostering a connection to nature.</p>
Cycle 10				
Autumn	Weather and Climate	Exploring various weather conditions, textures, sounds, and physical responses to climate changes.	A year in Percy's Park- N Butterworth	<p>Communication: Express responses to different weather conditions (e.g., rain, wind) using communication tools (e.g., gestures, switches).</p> <p>Cognition and Learning: Understand different weather conditions and how they impact the environment and people.</p> <p>Sensory and Physical: Engage with textures (e.g., raindrops, wind), sounds (e.g., thunder, rain), and physical responses to climate changes.</p> <p>Health and Wellbeing: Foster awareness of weather and its impact on daily activities, promoting emotional and physical wellbeing.</p>
Spring	Mythology and Legends	Sensory storytelling through tactile props, sounds, and movement to explore myths and legends.	Odysseus	<p>Communication: Respond to mythological and legendary stories through sensory props (e.g., costumes, tactile elements) and express preferences.</p> <p>Cognition and Learning: Explore basic mythological themes and characters through sensory storytelling.</p> <p>Sensory and Physical: Engage in tactile, auditory, and physical experiences associated with myths and legends (e.g., movement, props).</p> <p>Health and Wellbeing: Encourage imagination and emotional expression, promoting cognitive and social development.</p>
Summer	The Arctic and Antarctica	Sensory exploration of cold environments: textures of ice and snow, cold	Lost and Found Lily and the Polar Bears	<p>Communication: Express reactions to cold environments and Arctic sounds using communication tools (e.g., switches, gestures).</p> <p>Cognition and Learning: Learn about the Arctic and Antarctic environments, the animals that live there, and how they adapt to extreme cold.</p> <p>Sensory and Physical: Engage with ice and snow textures, listen to cold environment sounds, and explore animal adaptations (e.g., fur, fat).</p>

		sounds, and adaptations.		Health and Wellbeing: Foster sensory awareness and physical activity related to cold environments, promoting curiosity and engagement with nature.
Cycle 11				
Autumn	Space Exploration	Exploring the sensory aspects of space travel: sounds, textures, and movement.	Rocket Girl-Didi Dragon	<p>Communication: Express excitement or reactions to space-related sounds, textures, and movement using communication tools (e.g., switches, gestures).</p> <p>Cognition and Learning: Explore concepts of space travel, including movement in space, space objects, and the feeling of weightlessness.</p> <p>Sensory and Physical: Engage in tactile exploration of space-related objects, listen to space sounds, and simulate movement in space.</p> <p>Health and Wellbeing: Encourage imaginative play and relaxation through space exploration, promoting creativity and emotional engagement.</p>
Spring	Global Cultures and Festivals	Engaging with sensory experiences from diverse cultures, festivals, and traditions.	Carried away with the Carnival-Ed Boxall	<p>Communication: Respond to sensory experiences from different cultures (e.g., music, textures, foods) using communication tools (e.g., gestures, switches).</p> <p>Cognition and Learning: Understand the concept of cultural diversity and explore various global festivals and traditions through sensory experiences.</p> <p>Sensory and Physical: Engage with textures, sounds, and smells associated with different festivals and cultural celebrations (e.g., carnival costumes, music).</p> <p>Health and Wellbeing: Foster social and emotional development through exploration of cultural diversity and celebration, promoting inclusivity and creativity.</p>
Summer	Adventure and Exploration	Exploring themes of exploration, discovery, and outdoor adventure through sensory play.	The Gt Explorer-Chris Judge	<p>Communication: Express responses to exploration themes and outdoor sensory experiences (e.g., nature sounds, textures of outdoor materials).</p> <p>Cognition and Learning: Understand the concept of exploration and discovery, including the excitement of outdoor adventures and the environments explored.</p> <p>Sensory and Physical: Engage in outdoor activities (e.g., nature walks, adventure play), and interact with sensory materials representing the environment (e.g., sand, leaves, rocks).</p>

				Health and Wellbeing: Promote physical activity and a sense of adventure, fostering confidence and curiosity through outdoor exploration.
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