

## PMLD Developmental Curriculum Long Term Plan Lower School

Lower School Cycle 1 Long Term Plan				
Term	Theme	Focus Areas	Inspiring Texts	Learning Opportunities
Autumn	All About Me: Me, Myself and I	Self-awareness, communication through personal preferences, sensory exploration of body parts. (My Human Body and my Senses.)	Funnybones, A. Ahlberg	<p><b>Communication:</b> Express likes, dislikes, and preferences using communication tools.</p> <p><b>Cognition and Learning:</b> Develop awareness of their own body through tactile exploration.</p> <p><b>Sensory and Physical:</b> Engage in sensory exploration of body parts and senses.</p> <p><b>Health and Wellbeing:</b> Build self-awareness and promote a sense of identity.</p>
Spring	Into the Wild: Animals and Habitats	Exploring textures, sounds, and movements of animals; understanding habitats.	We're going on a bear hunt, M. Rosen	<p><b>Communication:</b> Respond to animal sounds and express preferences through various communication methods.</p> <p><b>Cognition and Learning:</b> Explore animal textures and movements.</p> <p><b>Sensory and Physical:</b> Experience animal textures and movements.</p> <p><b>Health and Wellbeing:</b> Develop an understanding of animals and habitats through sensory play.</p>
Summer	Splash, Drip, Blow - Water and Weather	Sensory exploration of water (cold/warm, splashing), weather sounds, and physical activities.	Noah's Ark	<p><b>Communication:</b> Express reactions to water and weather using communication aids (e.g., switches, eye movement).</p> <p><b>Cognition and Learning:</b> Understand sensory experiences related to water and weather.</p> <p><b>Sensory and Physical:</b> Engage in water play and explore weather sounds (rain, wind).</p> <p><b>Health and Wellbeing:</b> Participate in physical activities related to weather, promoting physical wellbeing.</p>

Lower School Cycle 2 Long Term Plan				
Term	Theme	Focus Areas	Inspiring Texts	Learning Opportunities
Autumn	Brilliant Bright Colours and Light	Exploring light and dark, colour contrasts, and sensory activities with lights and glowing objects.	Elmer and the rainbow, D. McKee	<p><b>Communication:</b> Express reactions to light and dark through communication aids (e.g., switches, eye movement).</p> <p><b>Cognition and Learning:</b> Understand contrasts between light and dark, colours, and visual stimuli.</p> <p><b>Sensory and Physical:</b> Engage in sensory exploration with light sources and glowing objects.</p> <p><b>Health and Wellbeing:</b> Promote emotional comfort through light and dark exploration, fostering security and self-regulation.</p>
Spring	Growing Green: Plants and New Life	Planting seeds, experiencing textures of soil, leaves, and flowers; seasonal changes. Titch	The tiny seed, E. Carle	<p><b>Communication:</b> Express preferences or reactions to plants, soil, and flowers through communication tools.</p> <p><b>Cognition and Learning:</b> Develop understanding of growth processes and seasonal changes.</p> <p><b>Sensory and Physical:</b> Explore different plant textures (e.g., soil, leaves, flowers) through touch and smell.</p> <p><b>Health and Wellbeing:</b> Learn about the importance of plants in the environment and their role in wellbeing.</p>
Summer	On the Move: Exploring Journeys	Exploring transport (sound and movement), outdoor activities, and	On the way home, J. Murphy	<p><b>Communication:</b> Communicate experiences of travel and transport (e.g., through sounds, movements).</p>

		pretend travel through sensory play.		<p><b>Cognition and Learning:</b> Understand different types of transport and related sounds and movements.</p> <p><b>Sensory and Physical:</b> Participate in sensory play to imitate travel experiences (e.g., through movement, sounds).</p> <p><b>Health and Wellbeing:</b> Engage in physical activities promoting movement and coordination, fostering physical wellbeing.</p>
<b>Lower School Cycle 3 Long Term Plan</b>				
<b>Term</b>	<b>Theme</b>	<b>Focus Areas</b>	<b>Inspiring Texts</b>	<b>Learning Opportunities</b>
Autumn	Light up the day: Celebrations and Festivals	Exploring cultural and seasonal celebrations (e.g., Diwali lights, Christmas textures and sounds).	Pip and Posy the birthday party, C. Reid	<p><b>Communication:</b> Express enjoyment and preferences during celebrations using communication aids (e.g., switches, eye movement).</p> <p><b>Cognition and Learning:</b> Understand different cultural and seasonal celebrations through sensory experiences.</p> <p><b>Sensory and Physical:</b> Engage in sensory exploration of lights, textures, and sounds related to different celebrations.</p> <p><b>Health and Wellbeing:</b> Foster a sense of inclusion and understanding of different cultures and traditions.</p>
Spring	Tasty Explorers: Foods, Flavours and Feasts	Sensory tasting, smelling spices and foods, textures of ingredients, and food-based art.	Hungry Caterpillar, E. Carle Handa's surprise, E Browne	<p><b>Communication:</b> Express likes, dislikes, and preferences related to food through communication tools (e.g., taste, smell).</p> <p><b>Cognition and Learning:</b> Develop an understanding of different foods, spices, and textures.</p> <p><b>Sensory and Physical:</b> Explore various food textures, tastes, and smells through hands-on activities.</p> <p><b>Health and Wellbeing:</b> Introduce healthy food concepts and sensory experiences related to food to promote healthy eating habits.</p>
Summer	Seaside Sensations:	Water play, sand exploration, seaside		<p><b>Communication:</b> Express reactions to sensory experiences at the seaside using communication aids (e.g., switches, eye movement).</p>

	Sand, Sea and Sky	sounds, and beach-themed art activities.	Winnie at the seaside, V. Thomas	<p><b>Cognition and Learning:</b> Understand the sensory experiences of the seaside, including water, sand, and sounds.</p> <p><b>Sensory and Physical:</b> Engage in water play, sand exploration, and beach-themed art activities.</p> <p><b>Health and Wellbeing:</b> Encourage outdoor activities, physical play, and sensory exploration for relaxation and enjoyment.</p>
Lower School Cycle 4 Long Term Plan				
Term	Theme	Focus Areas	Inspiring Texts	Learning Opportunities
Autumn	Helping Hands: People Who Care	Exploring sounds, uniforms, and sensory objects linked to community helpers (e.g., sirens, tools).	Topsy and Tim go to the dentist, J & G Adamson	<p><b>Communication:</b> Use communication aids to express reactions to different community helpers (e.g., through sounds, gestures).</p> <p><b>Cognition and Learning:</b> Understand the roles and tools of community helpers (e.g., doctors, firemen).</p> <p><b>Sensory and Physical:</b> Engage with sensory objects and sounds related to community helpers (e.g., sirens, dentist tools).</p> <p><b>Health and Wellbeing:</b> Promote an understanding of how community helpers contribute to health and safety.</p>
Spring	Story World: Traditional Tales Come Alive	Multi-sensory storytelling with props, costumes, and tactile elements to bring stories to life.	Three little pigs	<p><b>Communication:</b> Respond to sensory cues (e.g., props, sounds) and express preferences or reactions through communication tools.</p> <p><b>Cognition and Learning:</b> Develop understanding of story elements and characters through sensory storytelling.</p> <p><b>Sensory and Physical:</b> Engage in tactile and visual experiences (e.g., props, costumes) to interact with the story.</p> <p><b>Health and Wellbeing:</b> Foster imagination and social interaction through collaborative storytelling.</p>

Summer	Earth Explores: The Natural World	Exploring textures, sounds, and visuals of forests, oceans, and wildlife.	Jungle book	<p><b>Communication:</b> Express reactions to different natural environments using communication aids (e.g., switches, eye movements).</p> <p><b>Cognition and Learning:</b> Understand different aspects of the natural world, including wildlife and environments (forests, oceans).</p> <p><b>Sensory and Physical:</b> Engage in sensory experiences (e.g., textures of leaves, animal sounds, and water play).</p> <p><b>Health and Wellbeing:</b> Promote physical wellbeing through outdoor exploration and connection to nature.</p>
Lower School Cycle 5 Long Term Plan				
Term	Theme	Focus Areas	Inspiring Texts	Learning Opportunities
Autumn	Out of this world: Space and Stars	Sensory exploration of glowing stars, space-themed music, and tactile exploration of planets.	Aliens love underpants, C. Freedman	<p><b>Communication:</b> Respond to space-related sensory cues (e.g., sounds, lights) and express preferences using communication aids.</p> <p><b>Cognition and Learning:</b> Develop an understanding of space, stars, and planets through sensory exploration.</p> <p><b>Sensory and Physical:</b> Engage with glowing stars, space music, and tactile exploration of planet models.</p> <p><b>Health and Wellbeing:</b> Foster engagement with a sense of wonder and relaxation through sensory space-themed activities.</p>
Spring	Zoom and Glide: Transport Adventures	Sounds and vibrations of different transport types, exploring movement and journeys.	Paddington goes to London, M Bond	<p><b>Communication:</b> Express reactions to transport sounds and movements using communication tools (e.g., switches, eye movement).</p> <p><b>Cognition and Learning:</b> Understand different types of transport and how they move (e.g., cars, buses, trains).</p> <p><b>Sensory and Physical:</b> Engage in movement activities mimicking different transport types (e.g., rocking, rolling).</p> <p><b>Health and Wellbeing:</b> Encourage physical movement and understanding of travel, promoting both physical and cognitive development.</p>

Summer	Wiggle, Giggle, Go! Sports and Movement	Exploring balls, ribbons, and physical activities; celebrating movement through sensory activities.	Giraffes can't dance, G. Andrea	<p><b>Communication:</b> Express enjoyment of physical activities and movement using communication aids (e.g., gestures, eye contact).</p> <p><b>Cognition and Learning:</b> Learn about different sports and movement activities through sensory play and imitation.</p> <p><b>Sensory and Physical:</b> Participate in ball play, ribbon exploration, and physical movement to celebrate movement.</p> <p><b>Health and Wellbeing:</b> Promote physical health through fun and inclusive movement activities, fostering physical and emotional well-being.</p>
Lower School Cycle 6 Long Term Plan				
Term	Theme	Focus Areas	Inspiring Texts	Learning Opportunities
Autumn	Field to Fork: Harvest and Farming Fun	Sensory play with straw, grains, and farm animal sounds; experiencing the farm-to-food journey.	On the farm, A. Scheffler	<p><b>Communication:</b> Express reactions to farm-related sensory experiences using communication tools (e.g., switches, eye movement).</p> <p><b>Cognition and Learning:</b> Understand the farm-to-food journey and the role of animals and plants in food production.</p> <p><b>Sensory and Physical:</b> Engage with textures of straw, grains, and animal sounds through hands-on exploration.</p> <p><b>Health and Wellbeing:</b> Develop an understanding of where food comes from, encouraging healthy eating and appreciation of the natural world.</p>
Spring	Potions and Possibilities: Magic and Mystery	Exploring textures and sounds associated with magic, sensory storytelling, and pretend play.	Room on the Broom, J. Donaldson	<p><b>Communication:</b> Respond to magical sensory cues and express preferences or reactions using communication tools (e.g., gestures, sounds).</p> <p><b>Cognition and Learning:</b> Explore magical elements of stories and begin to understand basic concepts of fantasy and mystery.</p> <p><b>Sensory and Physical:</b> Engage with magical textures and sounds (e.g., broomsticks, potions) through sensory play.</p>

				<p><b>Health and Wellbeing:</b> Foster imagination and creativity through pretend play, promoting cognitive and emotional development.</p>
Summer	Deep Blue Discovery: Under the Sea	Exploring underwater-themed textures (e.g., shells, water), sounds, and sensory art.	Under the sea, A. Milbourne	<p><b>Communication:</b> Express reactions to underwater sensory experiences (e.g., sounds of waves, textures of shells) through communication aids.</p> <p><b>Cognition and Learning:</b> Develop an understanding of the underwater world through sensory exploration of sea creatures and environments.</p> <p><b>Sensory and Physical:</b> Engage with water play, shell textures, and other ocean-themed sensory materials.</p> <p><b>Health and Wellbeing:</b> Encourage relaxation and engagement with water and sound activities, promoting calmness and wellbeing.</p>