- Write and perform a vegetable Rap
- · Create a video about how to wash hands properly
- · Create a stop frame animation using vegetables to a piece of music.
- Draw around a person and fill with pictures of heathy food
- Learn Makaton signs for different vegetables
- Use colourful semantics to describe scene
- Write a list/use symbols to write about what foods we like and dislike
- Weighing different fruit and vegetables
- Seasons, times of the year.
- How far does food travel to get to our plate?
- Ordering food size, colour, shape

#### Creativity

- Supermarket shop
- Preparing and clearing allotment area ready for next year.
- Tasting sessions- using 5 senses
- Visit to supermarket

## Communication



Semi-Formal Topic Web

# Autumn 3 3 weeks

## KS4A

Topic
Healthy Eating
and our Bodies

Key Text I will never ever eat a tomato – Lauren Child

- Food fight Tomato
- Tomato painting
- Cooking tomato-based dishes (pasta sauces)
- Squishing soft fruit and veg under feet
- Making soup
- Making smoothies- (bike smoothie maker)

Sensory

Reasoning

## Experiences

## Movement

- Jumping games (Space)
- Stretching (Reaching for the Sky)
- Climbing skills (Mountains and fluffy clouds)
- Food group relay race- place different foods in the correct boxes. Food sorting relay

- Pupils sort food which they like/dislike
- Healthy diet, good food choices.
   Consequences on body with bad food choices.
- Play a shopping list game-making a choice
- Sorting dried pasta by shape, size, ...
- Sprouting seeds (cress/broad bean)
- Food groups and digestion
- Make a pasta tree-hang and paint different pasta shapes.

Myself

Our World