



Spring / Summer Menu Week One

Spring Common Academy

Week One Dates - 27/09, 18/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Sausage, Mash & Gravy	Chicken Casserole & Potatoes	Roast Gammon with Roast Potatoes, Yorkshire Pudding & Gravy	Beef & Onion Pie with Mash & Gravy	Battered Fish & Chips
Vegetarian Main Meal Option	Veggie Mince Bolognese Pasta	Margherita Pizza with Baked Jacket Wedges	Quorn Roast with Roast Potatoes, Yorkshire Pudding & Gravy	Mac n Cheese	Vegetable Curry & Wholegrain Rice
Vegetable Selection	Cauliflower & Mixed Vegetables	Broccoli & Winter Coleslaw	Savoy Cabbage & Sweetcorn	Green Beans & Carrots	Garden Peas & Baked Beans
Dessert	Ginger Sponge & Custard	Fruity Flapjack & Apple Slices	Chocolate Sponge & Chocolate Sauce	Jam Sponge & Custard	Shortbread & Fruit Wedges

Available Daily

Salad Bar, Fresh Bread, Cheese & Biscuits,
Fresh Fruit & Yoghurts

