



Spring / Summer Menu Week Three

Spring Common Academy

Week Three Dates – 20/09, 11/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Beef Burger in a Bun with Homemade Wedges	Cottage Pie	Roast Chicken Breast with Roast Potatoes, Yorkshire Pudding & Gravy	Homemade Chicken Pie & Mash	Fish Fingers & Chips
Vegetarian Main Meal Option	Veggie Mince Chilli with Wholegrain Rice	Cheesy Margherita Pizza	Quorn Roast with Roast Potatoes, Yorkshire Pudding & Gravy	Tomato, Vegetable Sausage & Macaroni Bake	Vegetable Enchilada & Chips
Vegetable Selection	Sweetcorn & Carrots	Broccoli & Fresh Salad	Cauliflower & Garden Peas	Mixed Vegetables & Savoy Cabbage	Garden Peas & Baked Beans
Dessert	Apple Crumble & Custard	Lemon Slice	Chocolate Crunch	Marble Sponge & Custard	Crunchy Biscuit & Apple Slices

Available Daily

Salad Bar, Fresh Bread, Cheese & Biscuits,
Fresh Fruit & Yoghurts

