Spring Common - Week One

Dates 18/04, 09/05, 30/05, 20/06, 11/07, 01/08, 22/08, 12/09, 03/10, 24/10

Week 1	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Margherita Pizza with Jacket Wedges	Pasta Bolognese & Garlic Bread	Roast of the Day with Stuffing & Gravy	Chicken Curry & Rice	Fish Fingers & Chips
Vegetarian Main Meal Option	Smoky Spiced Vegetable Stew with Rice	Vegetables nuggets and mash	Roast Veggie Balls with Stuffing & Gravy	Veggie Burger with Potato Wedges	Mac N Cheese
Vegetable Selection	Beans Sweetcorn	Broccoli Beans	Cauliflower Seasonal Greens and Beans	Beans Carrots	Baked Beans Garden Peas
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna Mayonnaise, Grated Cheese, Baked Beans				
Pasta Option	Choice of Pasta with either Cheese Sauce or Tomato Sauce topped with Grated Cheese				
Dessert	Apple Flapjack	Marble Cake & Chocolate Sauce	Vanilla Ice Cream or Mable cake	Shortbread	Chocolate Cookie

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts