



# Spring / Summer Menu Week Two

## Spring Common Academy

Week Two Dates – 13/09,04/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Beef Meatballs in Tomato Sauce with Pasta	Mild Chicken Curry with Brown Rice & Naan Bread	Roast Turkey with Roast Potatoes, Stuffing & Gravy	Pasta Bolognese & Garlic Bread	Fish Fingers with Chips
Vegetarian Main Meal Option	Wholemeal Pizza Slice with Baked Potato Wedges	Tomato & Basil Pasta	Quorn Roast with Roast Potatoes, Stuffing & Gravy	British Cheddar Quiche with Homemade Potato Wedges	Vegetable Sausage Fajita with Chips
Vegetable Selection	Garden Peas & Fresh Salad	Carrots & Green Beans	Cauliflower & Mixed Vegetables	Broccoli & Sweetcorn	Garden Peas & Baked Beans
Dessert	Hot Chocolate Fudge Cake	Cornflake Tart & Custard	Shortbread Biscuit & Mixed Fruit	Feathered Jam Sponge & Custard	Ginger & Mandarin Muffin

### Available Daily

Salad Bar, Fresh Bread, Cheese & Biscuits,  
Fresh Fruit & Yoghurts

