Class 2

Termly: Safety in the Community (2weeks). E Safety (2 weeks)

Autumn 1: Class rules and behaviour, Social skills: turn taking and playing games

Autumn 2: Keeping safe – safety in the home Spring 1: Caring for ourselves (self help skills)

Spring 2: Caring for each other-similarities and differences

Summer1: SRE – Myself, my body, public/private

Summer 2: Looking after my own things including money.

Class 3

Termly: Safety in the Community(2weeks). E Safety (2 weeks)

Autumn 1: Class rules and behaviour,

People who help us Autumn 2: All about me

Spring 1: Caring for ourselves (self help skills)

Spring 2: Keeping Healthy - healthy eating, medicines

Summer1: SRE – Choices and saying no.

Summer 2: Looking after the environment.

Class 4

Termly: Safety in the Community(2weeks). E Safety (2 weeks)

Autumn 1: Class rules and behaviour,

Personal Safety – safety in the home and garden

Autumn 2: I can - being aware of my abilities

Spring 1: Keeping healthy – healthy eating and exercise

Spring 2: Looking after the environment - recycling

Summer1: SRE – Public/private, appropriate and

inappropriate touch.

Summer 2: Friendships – playing and learning together

Class 5

Termly: Safety in the Community(2weeks). E Safety (2 weeks)

Autumn 1: Rules and rights,

Safety in the home inc hazardous substances, medicines etc...

Autumn 2: Personal safety - People who help us

Spring 1: Caring for animals inc vets, charities etc

Spring 2: Looking after the environment – litter, country code, gardens.

Summer1: SRE – How I am changing, respecting privacy

Long Term Plan

KS2 & 3

PSHE

Class 6

Termly: Safety in the Community(2weeks). E Safety (2 weeks)

Autumn 1: Rules and rights - democracy,

Personal Safety – drugs and medicines

Autumn 2: Relationships – recognising and dealing with bullying.

Spring 1: : What to do in an emergency – getting help

Spring 2: Economic well being, money and enterprise

Summer1: SRE - Puberty, appropriate touch.
Summer 2: Looking after myself - hygiene

Class 7

Autumn 1: Relationships – changing relationships, peer relationships.

Autumn 2: Gender stereotypes in the media

Spring 1: E safety

Spring 2 Safety in the community – road and water.

Summer 1: : SRE – Changes (Family, house, teachers).

Puberty – emotions, Public/private. Appropriate and

inappropriate touch. Menstruation, masturbation. Summer

2: Bullying including cyber bullying

Class 8

Autumn 1: Relationships – what is an appropriate and inappropriate relationship.

Autumn 2: E safety

Spring 1: Drugs – including smoking and its effects.

Spring 2: Safety in the wider community – familiar and unfamiliar adults.

Summer 1: SRE – Healthy romantic relationships.

Public/Private.

Summer 2: Money and economic well being

Class 9

Autumn 1: Feeling good about myself, positive body image

Autumn 2: What to do in an emergency in the home, asking

for help, who is safe

Spring 1: Drugs – alcohol and its effects.

Spring 2: SRE – e safety

Summer 1: Sexual intercourse, contraception, advocating

abstinence.

Summer 2: Safety in the community including rivers and lakes.