

Spring Summer 24 – Week One 15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct

Contains

plant-based

proteins

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Jacket Wedges	Pork Sausage Country Diced Potatoes & Baked Beans or Sweetcorn	Chicken Pie & Mashed Potatoes or Halal Chicken Pie with Mashed Potatoes	Creamy Korma Style Chicken & Lentil Curry served with Mixed Rice	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option	Creamy Vegetable Penne Pasta Carbonara &	Veggie Chilli con carne Served with rice	Veggie Sausage Mashed Potato and mixed veg	Cheese and Onion Pastry Roll Served with Wedges	Cheese and Cauliflower Pasta Bake
Jacket Potato Sandwiches	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich
Vegetables	Peas Sweetcorn	Baked Beans	Carrots Cabbage	Mixed Vegetables	Baked Beans Peas
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits (Ve)	Iced Banana Traybake	Oat & Raisin Cookie (Ve)	Chocolate Ice Cream

Oily fish

COX

50%

fruit

50×

5

**Available Daily:** Salad, Fresh Fruit & Yoghurt

Source of

wholegrain



Our desserts meet Public Health England's target for 'free sugar' intake for your child. Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



Spring Summer 24 – Week Two 22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Wholemeal Cheese and Tomato Pizza served with Jacket Wedges	Summer Hot Dog Baguette served with Jacket Wedges	Roast Gammon served with Roast Potatoes & Gravy	Beef Bolognese Bolognese & Penne Pasta	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option	Tomato And Mixed Vegetable Pasta	Home Baked vegetarian Lasagne	Veggie Sausage, Roast potato and Gravy	Cheese & Onion Puff Pastry Roll With wedges	Macaroni Cheese
Jacket Potato Sandwiches	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich
Vegetables	Peas Sweetcorn	Baked Beans	Carrots Cauliflower	Mixed Vegetables	Baked Beans Peas
Dessert	Ginger & Mandarin Traybake	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger (Ve)	Homemade Shortbread Biscuits (Ve)

Oily fish

50%

fruit

(50%

5

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Contains

plant-based

proteins

Source of

wholegrain



Our desserts meet Public Health England's target for 'free sugar' intake for your child. Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



## Spring Summer 24 – Week Three 29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct

Contains

plant-based

proteins

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread	Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges	Chicken served with a Yorkshire Pudding and Roast Potatoes	Homemade cheese and tomato pizza Whirls	Friday Fish Fingers served with Chips & Tomato Ketchup	
Vegetarian Main Meal Option	Mildly Spiced Vegetable Chilli & Rice (Ve) NDP	Macaroni Cheese	Veggie sausage Gravy served with a Yorkshire Pudding & Skin on Roast Potatoes	Home Baked Vegetarian Lasagne	Tomato & Basil Pasta	
Jacket Potato Filled Sandwiches	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	Jacket with Cheese/Beans/Tuna Cheese/Tuna/Ham Sandwich	
Vegetables	Peas Sweetcorn	Baked Beans	Carrots Green Beans	Mixed Vegetables	Baked Beans Peas	
Dessert	Baked Apple Sponge served with Custard	Shortbread	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)	

Oily fish

50%

fruit

(50×

5

**Available Daily:** Salad, Fresh Fruit & Yoghurt

Source of

wholegrain



Our desserts meet Public Health England's target for 'free sugar' intake for your child. Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.