



Daily Walk - Making Learning Greener

Day One

"Don't let what you can't do stop you from doing what you can do." John Wooden



A simple activity for your walk today. As you wander around your estate or local green space (even garden if you are lucky) collect items to document your journey. What can you find that nature has provided (please don't pick or break living things) to create a beautiful piece of artwork. Tie these items to your stick to help tell your story. Was it fun? Were you happy? What did you find? Did you find any feathers? What animals are these from?



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Day Two

"The more you give away the more happy you become." Dr Suess



Today on your walk find a space on the ground to be your artist's canvas and see if you can make a beautiful picture, your friends would even be able to visit it! Remember to use fallen items only! Will it be a big or small picture? Will it be of something you have seen on your walk? Or will it be something that makes you happy! Take a photo and let the wind blow it away.



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Day Three

"Do what you can, with what you have, where you are." Theodore Roosevelt



Today is a perfect day to take some chalk out on your walk, lots of people are taking to the streets to exercise, why not leave some colourful drawings to brighten their days. You could draw a rainbow, a castle, a unicorn or even your favourite animal! Chalk will wash away with rain so remember to take a photo if you want to remember your drawing.



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Day Four

"Yesterday is history. Tomorrow is a mystery. Today is a gift. That's why we call it 'The Present'." Elanor Roosevelt



Fancy Being a fairy or elf king/queen? Today is the day we make crowns, all you need is a paper (or card) strip, some glue and some beautiful fallen things. Collect some fallen petals, leaves and even feathers to help create your majestic headpiece. You could even make up some rules now that you are king/queen, write them down for all to read.













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Day Five

"Make each day your masterpiece." John Wooden

Science - Biology		Date:
Name:	Minibeasts - Tally Chart	
 ant		
 slug		
 snail		
 woodlouse		
 butterfly		
 worm		
 dragonfly		
 ladybird		
 spider		
 centipede		
 beetle		

Today on your walk, make the most of the wildlife in your area, can you document how many of each animal/bug you find. You could write down a tally as you find them, or you could have a go at drawing them. Who will find the most? What was your favourite that you found today?



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Day Six

"Always keep a positive mindset, it will improve your outlook on the world." Roald Dahl



Ever fancied opening up your very own kitchen? How about a MUD kitchen.. Write an ingredients list before your walk today and collect some fallen items and most importantly mud to make your very own pie. Here are some items you might need

Pebbles, Grass, Sticks, Petals, Leaves.



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Day Seven

"It's not what happens to you, but how you react to it that matters." Epictetus



In this confusing time you might have lots of worries going through your mind and sadness about not being able to visit your friends and family. Lets stop those worries getting into your dreams by creating a dreamcatcher. Collect three sticks on your walk and any other items you might want to use as decoration then use some string or wool to tie together and weave your dreamcatcher.



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Day Eight

"We must be the change we want to see." Mahatma Gandhi



Collect a stone today on your walk, big enough to paint. When you get home think of what you want to put on your stone. A picture? An inspirational saying? Create a design to make someone happy. Take your stone out on your walk tomorrow and leave it somewhere someone will find it, I'm sure it will make them smile.



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Day Nine

"The time is always right to do what is right." Martin Luther King, Jr.



On your walk today it's time to do your bit to help save the planet. Pick up a piece of litter and put it in the bin or recycling. If all your friends do this it will make your neighbourhood even more beautiful and clean. Make sure to wear gloves to protect yourself and remember to wash your hands!



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Day Ten

"Try to be a rainbow in someone's cloud." Maya Angelou



Before you leave your house today, leave a rainbow in your window, a painting/drawing/printing. Lots of children are doing this to brighten peoples days and make your walks fun! See how many you can find on your walk today.



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Day Eleven

"Being different isn't a bad thing. It means you're brave enough to be yourself." Luna Lovegood



Collect some fallen twigs and sticks on your walk today, you are going to make your very own 'Stick Man'. When you get home you can use string and bits of old materials/paper and some googly eyes to make your character come alive. Can you tell a story of the adventures they might go on?



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Day Twelve

"If you have good thoughts they will shine out of your face like sunbeams and you will always look lovely." Roald Dahl



Take some coloured pencils or crayons out on your walk today, see how many different types of flowers you can find. Draw a picture of each flower you see, you can use these drawings to help you find out the names of the flowers.



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Day Thirteen

"You're braver than you believe and stronger than you seem, and smarter than you think." A.A. Milne



Today you are going to transform yourself into a woodland animal. Make your own animal headband with some glue, coloured pencils and two leaves. Can you get some silly photos of you pretending to be your animal? What sound do they make? How do they move?
Jump, hop, scurry.



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Day Fourteen

"Give the world the best you have, and the best will come to you." Madeline Bridge.



Make a map as you walk around your local area, all you need is a pencil and a piece of paper. Draw the nearest park, your friend's house, a pond, or even the biggest house you can find. Would you be able to use your map to find your way back home?



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Day Fifteen

"Today is your day. Your mountain is waiting so get on your way." Dr. Seuss



Become a nature photographer today, can you use natural items found on your walk to create your name? Two sticks crossed over to make the letter 'T', a handful of pebbles to make the letter 'M'. Use your imagination!



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Day Sixteen

"If you can dream it, you can do it." Walt Disney



Take a watering can or a container on your walk today, plants need water to help them grow and look beautiful (do you know what else they need?). Helping keep your local area look beautiful will make lots of people happy on their walks and its lots of fun playing with water.

Help out by watering your own garden or green space too.



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Day Seventeen

"Wonder is the beginning of wisdom." Socrates



Have you seen any fairies or elves on your walks recently? They need homes too (their very own place to isolate), can you make a house for them to live in? Use sticks and leaves balanced together to create their shelter.



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Day Eighteen

"The more you read, the more things you will know. The more you will learn, the more places you'll go." Dr. Seuss



Take some crayons on your walk today and some paper, can you create your very own rubbings? What different textures and patterns can you find to rub? Tree bark, a street sign, the floor, some leaves. Try lots of different places and see what you can make.



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Day Nineteen

"Don't be afraid of life's challenges." Louisa May Alcott



Have a quiet walk today and enjoy the sounds of nature, what noises can you make using only your surroundings? Make a big splash in a muddy puddle, run a stick along the floor, tap a stick on the bark of a tree, or just listen to the birds singing and leaves rustling in the wind. Enjoy your surroundings.



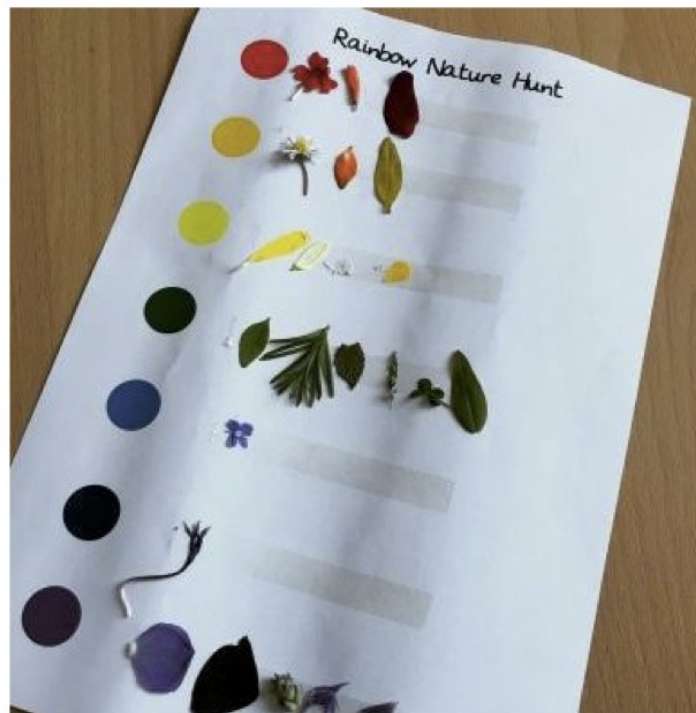
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Day Twenty

"Play is our brain's favourite way of learning." Diane Ackerman



Make a rainbow out of found things, can you find all of the right colours? Red, orange, yellow, green, blue, indigo, violet. Stick these down on a page so you don't lose them and you know what colours you have found.



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Day Twenty One

"Why fit in when you are born to stand out?" Dr Seuss



Time to get messy, all you need is water, mud, a paintbrush and a canvas, be that paper or the floor (remember mud and water wash away). Make a mixture of mud and water and create your very own masterpiece. Paint your surroundings, your favourite book character or even a portrait of yourself.



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Day Twenty Two

"You cannot change the circumstances, the seasons, or the wind, but you can change yourself. That is something you have." Jim Rohn



Collect some leaves on your walk today and use some glue to make your own leaf picture. You could make a tree, a picture of a park or you could create a leaf animal by sticking down your leaves and adding eyes/nose/ears. Use your imagination.



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Day Twenty Three

"A positive attitude can really make dreams come true- it did for me." David Bailey



Can you make a nest for an animal, a bird/rabbit/mouse? Use found things such as dried grass, fallen sticks and petals. Can you use your imagination to form a structure that a small animal can live inside. Make it nice and cosy so that they feel invited to live there and leave it somewhere it will be protected from the wind and other animals.



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Day Twenty Four

"Be silly, Be honest, Be kind." Ralph Waldo Emerson



Today is a texture challenge. What different textures can you find on your walk? Can you find something smooth? Something rough? Something fluffy? Something bumpy? Write down what you found, e.g. Fluffy - Feather. You could even draw or stick the object to your page.



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Day Twenty Five

"Learn from yesterday, live for today, hope for tomorrow." Alber Einstein



Go 'on a bear hunt' What can you find that you can go under, over and through? Create your own bear hunt storyline, did you go over a gate, through big muddy puddles and have to run all the way back home to the safety of your bed?



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Day Twenty Six

"It always seems impossible until it is done." Nelson Mandela



Today you are going to create a mysterious egg for your fellow explorers and wanderers to find. Using a hard boiled egg, paint on a unique design with bright colours. You are going to then take this on your walk to put in a special place. Imagine the amazing animal that will hatch from your egg, what will it be, a bird, a dragon, a monster?



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Day Twenty Seven

"To accomplish great things, we must not only act, but also dream, not only plan, but also believe." Anatole France



Leave a message for your friends and practice your leaf writing, take a marker pen and some string on your walk today. Find a big fallen leaf and use this to write a positive message or just a hello for your friends, use some string to tie or hang this from the tree. Hopefully they will pass by and write back.



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Day Twenty Eight

"Make each day your masterpiece." John Wooden



Today on your walk take some water in a pot and a paintbrush, it's time to do some pavement painting (hopefully it's a dry day so you can see your design). Paint a picture or create a pavement game for you to play on your walk. If you want to remember your designs take a picture.



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Day Twenty Nine

"Reach high, for stars lie hidden in your soul. Dream deep, for every dream precedes the goal." Pamela Vaull Starr



Create your very own street obstacle course, give yourself a set of rules you must follow. Do you need to run every time you see a car, hop 5 times at each lamppost, do a star jump after you cross each road? The rules are down to you, become a street olympic champion.



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Day Thirty

"No one is perfect - that's why pencils have erasers." Wolfgang Riebe



Today, draw a picture of your favourite part of your walk. Is it the company you are with, a flower, a bridge, a car or a dog you've walked past every day? Enjoy all the little parts of the area around you. And if it's lots of things, draw them all.



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