Home learning ideas for P16RG students

As well as the separate OCR Functional Skills English and Maths activities already provided, please find below a list of activities which encourage a variety of skills including functional numeracy and literacy, creativity, exercise and well-being. *Activities added in April appear in purple type*.

- Singing & signing: Explore Singing Hands YouTube channel. Create your own video based on one of the songs. You could even send it to your extended family and friends.
- **Bug hotel:** Create a bug hotel outdoors; see below for link. Regularly monitor and keep a record of which types of insects visit. Visit https://schoolgardening.rhs.org.uk/Resources/Activity/Make-a-simple-bug-or-ladybird-home
- Taskmaster #HomeTasking: Take part in the regular challenges set on the Taskmaster YouTube channel. You can also see others people's attempts at previous challenges to give you some inspiration!
- Famous landmarks: Use Google Earth to visit and explore famous landmarks around the globe. You could even draw or recreate them using materials you find around the house.
- Horrible Histories: Watch an episode of *Horrible Histories* via BBC iPlayer or the *Horrible Histories* YouTube channel. Create a fact file containing 5-10 facts you have learnt from watching the episode. You could even decorate the fact file with relevant illustrations.
- Menu: Design and create a menu for a meal you will be eating. Use descriptive language to make the menu sound as enticing as possible!
- Yoga: Visit Yoga with Adriene's YouTube channel to find her 20 minute session 'Yoga For Teens'.

- Virtual tours: Take a virtual tour of a museum or art gallery e.g. The Natural History Museum, The National Gallery. You could draw or recreate your favourite exhibit or artwork using materials you find around the house.
- **Recipe research:** Choose three ingredients you currently have in your house and research some different recipes you could make using those ingredients.
- **Treasure Hunt:** Create a treasure hunt for the members of your household. Aim to write and hide at least 5 clues leading to an object in your house.
- Mosaic art: Cut up old magazines/catalogues/junk mail into small pieces. Draw a simple picture on a piece of paper and stick the mosaic squares on to create your picture.
- Photography: Create a series of close-up photos of objects in your house. Ask family members to guess whereabouts in the house they would find each object. Or, you could create and photograph your own scenes using household objects based on the Dinovember project: <u>https://medium.com/permanent-marker/welcome-todinovember-6f4cb1886d41</u>
 Remember to get permission from your parents/carers first though!
- **Interesting videos:** Explore Konnie Hug's YouTube channel. The former Blue Peter presenter turned children's author, regularly uploads interesting and informative videos aimed at young people. Sometimes the videos contain ideas for activities to complete around the home.
- Relaxation: Explore the SAND (Sensory And Neurocognitive Development) YouTube channel for sensory relaxation videos: <u>https://www.youtube.com/channel/UCjsaN5CFAX5FjXw8Cwq2AmQ</u>

- Food/drink preparation: Follow a simple recipe as independently as possible. Counting out ingredients, weighing, measuring etc. Take a photograph of the finished product and share virtually with friends and family. Could even pretend to be a Blue Peter presenter; demonstrating each step of the process and recording it on video.
- **Stocktaking:** Count out household supplies and then create a shopping list of items needed.
- Stop motion animation: Use a phone/tablet and a free stop motion app. 3D animations can be created using toys, Lego, plasticine, household objects etc. Backdrops can be created using pen and paper or old boxes. 2D animations can be created using paper, pens, magazine cut outs etc.
- **30 Day Lego Challenge:** One challenge per day. Each challenge could be shared with friends virtually upon completion.
- Gardening: Weeding, watering plants, planting seeds.
- Just Dance: Using Just Dance videos on YouTube is a great way to exercise indoors.
- Newsround: Available to watch online or on CBBC. Predict which topics might be covered in Newsround. Discuss with a family member which stories are the most interesting and why.
- Quiz: Create a quiz with 10 questions. It could be a music intros round.
- Art: Draw the view from a window in the house or listen to some music and have a doodle.

- Junk modelling: Use objects destined for the bin/recycling and create one of the following: robot, monster, tower or instrument.
- **Music video:** Using a phone/tablet, create a video lip-synching to a favourite song. Alternatively, create a stop-motion video (see above) to a favourite song.
- **Story writing:** Re-write the ending to a favourite story or tell it from another character's perspective e.g. the Gruffalo or the wolf from Red Riding Hood. Could be presented in a manner or different forms: handwritten, typed up, illustrated, comic strip or an audio recording.
- Coding: Visit www.hourofcode.com for a variety of coding activities.
- Nature art: Create artwork using materials found in the garden e.g. leaves, stones, twigs. Google Andy Goldsworthy's land art for inspiration.
- Music: Create digital music using a free app such as Garage Band or Figure Make Music & Beats.
- **Circuit training:** Create different stations in the garden: jumping, skipping, hopping, jogging, star jumps etc. Spend 1 2 minutes at each station.
- **Meditation:** Find a relaxing piece of music or video e.g. waves lapping the sea shore, sit or lie down in a comfortable position and focus on breathing and out.