

ENJOY THE LITTLE THINGS

#WELLBEINGWEDNESDAY



SOMETIMES WE CAN FEEL OVERWHELMED
BY ALL THE THINGS GOING ON AROUND US.

WHEN WE FEEL LIKE THIS, IT HELPS TO FOCUS ON THE LITTLE
THINGS IN LIFE THAT CAN MAKE US FORGET EVERYTHING AND
ENJOY THE MOMENT.



DRAW SOME ACTIVITIES THAT YOU ENJOY DOING

A large empty rectangular box with a thin brown border, intended for drawing activities.

